

Personal Statement

I am grateful every day for the opportunity to work as an ophthalmologist. Vision is a precious commodity, and it is a pleasure to work with my patients to protect and care for their eyes.

Staying on top of new treatments and maintaining state of the art equipment is another source of pride for me at the clinic. I am active both in attending, and teaching at Continuing Education events.

Since 2010, I have been actively fundraising for the Foundation Fighting Blindness. The research projects they fund bring hope for a cure for many retinal diseases.

Language Proficiencies

- English: Fluent

CONTACT ME

4-1854 W 1st Avenue
Vancouver, BC
V6J 1G5



604.282.7900



info@briarsexton.com

www.briarsexton.com

Dr. Briar Sexton

GENERAL & NEURO-OPHTHALMOLOGY



AREAS OF EXPERTISE

- General Ophthalmology
- Neuro-Ophthalmology

PROFESSIONAL QUALIFICATIONS

Fellow of the Royal College of Physicians and Surgeons **2005-Present**

British Columbia Provincial Medical License No. 24907 **2006-Present**

ACADEMIC APPOINTMENTS

Chief Examiner Mock Royal College Ophthalmology Exam **2013-Present**
University of British Columbia

Clinical Assistant Professor, Department of Ophthalmology **2007-Present**
University of British Columbia

Medical Director **2005-2008**
Yaletown Laser Corporation

EDUCATION

2005-2006 | Fellow, Neuro-Ophthalmology, Department of Ophthalmology
University of British Columbia

2000-2005 | Resident, Department of Ophthalmology
Dalhousie University

1996-2000 | Doctor of Medicine (M.D.)
University of Western Ontario School of Medicine

Kappa Kappa Kappa Gold Medal

1992-1996 | BSc in Biology
McGill University

CONTINUING EDUCATION ACTIVITIES

Boardroom Financial Essentials **2024**

Institute of Corporate Directors

Digital Transformation from the Boardroom **2024**

Institute of Corporate Directors

Board Oversight of Strategy **2023**

Institute of Corporate Directors

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

Member of the Royal College of Physicians and Surgeons of Canada	2005-Present
Member of the BC College of Physicians and Surgeons	2005-Present
Member of the Canadian Medical Association	2005-Present
Member of the Doctors of BC	2005-Present
Member of the Canadian Ophthalmology Society	2006-Present
Member of the Canadian Society of Medical Evaluators	2017-Present
Member of the Medical Legal Society of BC	2017-Present

AWARDS AND DISTINCTIONS

Award for Best Resident Research Project Dalhousie University	2003
Kappa Kappa Kappa Gold Medal Highest Achievement in Clinical Clerkship University of Western Ontario	2000
Fred S. Hagerman Surgery Award Highest Achievement in Surgery Rotation of Clinical Clerkship. University of Western Ontario	2000

SELECTED LECTURES PRESENTED

World Ophthalmology Congress 2024	August 17, 2024
<i>Dr. Google: The perils of working in health care in the age of digital and social media</i>	
UBC CME on the Run! Lecture Series	March 5, 2021
<i>Ocular Findings of Common Systemic Conditions Don't Let Chronic Migraine and Mild Traumatic Brain Injury Give You a Headache</i>	
Webinar through Fighting Blindness Canada	June 16, 2020
<i>Socially Distancing in the Dark: How the visually impaired navigated a pandemic</i>	
BC Doctors of Optometry Webinar	May 7, 2020
<i>Practicing in a Pandemic II</i>	
Joint Commission of Allied Health Personnel in Ophthalmology CE Program for Allied Ophthalmic Personnel	May 1, 2020
<i>How to Care For Chronically Ill Patients While Caring For Yourself</i>	
BC Doctors of Optometry Webinar	April 9, 2020
<i>Practicing in a Pandemic</i>	
Eye Physicians and Surgeons of Alberta Annual Clinical Meeting	February 6, 2020
<i>Don't Let Chronic Migraine and Mild Traumatic Brain Injury Give You a Headache Caring for Chronically Ill Patients While Also Caring for Yourself</i>	

Canadian Academy of Sport and Exercise Medicine Conference **May 17, 2019**
Keep Your Eye on the Ball: An approach to ocular sport injuries

Back In Motion Rehabilitation Centre **January 7, 2019**
Concussion, Headache and Mild Traumatic Brain Injury

University of Saskatoon **September 7, 2018**
Department of Ophthalmology Grand Rounds
Don't Let Migraine Give You a Headache

Co-Chair BCSEPS Annual Clinical Day **May 11, 2018**
Uveitis & Retina

Whistler Optometry CE Meeting **March, 2018**
Patients with Chronic Disease

Lifemark Rehabilitation Centre **March 1, 2018**
Mild Traumatic Brain Injury and Post Concussive Headache

St Paul's Hospital Balance and Dizziness Disorders Society **January 17, 2018**
Is Your Migraine Making You Dizzy?

Joint Commission of Allied Health Personnel in Ophthalmology Annual Meeting, New Orleans LA **November, 2017**
Scientific Review of Vision Therapy

Canadian Neurological Sciences Federation Congress, Victoria BC **June, 2017**
A Scientific Review of Vision Therapy

Whistler Optometry CE Meeting **March, 2017**
Medical-Legal Practice Pitfalls and How to Avoid Them

UBC Neuro-Ophthalmology Clinical Day **November, 2016**
Taking a Close Look at the Scientific Literature in Support of Vision Therapy

BC Optofair **February, 2016**
Critical Appraisal of Vision Care Research

UBC Department of Ophthalmology Grand Rounds **March, 2015**
Taking the Headache out of Migraine Treatment

Copeman Healthcare Centre **September, 2013**
Botox - A New Wrinkle in the Treatment of Chronic Migraine

Multidisciplinary Workshop **July, 2013**
Uveitis in Patients with Spondyloarthropathies

University of Western Ontario **June, 2013**
Department of Ophthalmology Guest Lecture
Why the Best Laid Plans of Mice and Men Still Require Clinical Research

University of Winnipeg Department of Ophthalmology Guest Lecture <i>Reviewing the Results of the Age Related Eye Disease Study II</i>	May, 2013
CME for Vancouver Island Optometrists <i>Role of Besivance in Bacterial Conjunctivitis</i>	May, 2013
CME for BC Optometrists <i>Idiopathic Intracranial Hypertension</i>	February, 2013
BC Opticians Association Annual Meeting <i>Visual Disturbances</i>	October, 2012
CME for BC Optometrists <i>Anatomy of the Pupil & Anisocoria</i>	September, 2012
UBC Neurology Undergraduate Department <i>Anatomy of the Pupil & Anisocoria</i>	May, 2012
CME for BC Optometrists <i>Hallucinations, Illusions and Delusions</i>	March, 2012
Workshop Participant <i>Role of TNF drugs in Inflammatory Disease</i>	November, 2011
BC Association of Optometry Annual Meeting <i>Review of Dry Eye</i>	October, 2011
Whistler CE Event <i>Evidence for Nutritional Supplementation in Age-Related Macular Degeneration</i>	August, 2011
Whistler ER/GP CME <i>Rheumatic Eye Disease</i>	May, 2011
Optometry/Ophthalmology Annual Dinner Calgary <i>Restasis: Seeing dry eye clearly</i>	April, 2011
UBC Neurology Undergraduate Department <i>Seeing Visual Disturbances Clearly: Hallucinations delusions and retinal phenomena</i>	September, 2010
Canadian Ophthalmology Society Annual Meeting Case Presentation <i>Intermittent Diplopia</i>	June, 2010
University of Alberta Department of Ophthalmology Grand Rounds <i>Ophthalmic Use of Botox</i>	May, 2010

University of Alberta Department of Ophthalmology

Academic half day teaching

May, 2010

Ophthalmic Use of Botox

Optometry CME

April, 2010

Facial Dystonias and Benign Facial Movement Disorders

GP Workshop for St. Paul's CME Annual Meeting

November, 2009

Multidisciplinary Evening on Rheumatic Disease

October, 2009

Biologics in Uveitis

BC Optometry Annual CME Meeting

October, 2009

Overview of the Canadian Dry Eye Guidelines

Multidisciplinary Talk to Rheumatologists

September, 2009

Use of Biologics in Intraocular Inflammation

UBC Neurology Undergraduate Department

August, 2009

Examining the Oculomotor System

Coordinator of BCSEPS

Annual General Meeting Academic Session

April, 2009

Neuro-Ophthalmology and Orbit

Community Therapists OT and PT group

March, 2009

Driving Vision

BC Opticians Annual Meeting

March, 2009

Night Vision and Night Myopia

UBC Department of Ophthalmology Undergraduate Department

January, 2009

Disorders of the Eyelid

GF Strong Occupational Therapists

October, 2008

Determining Visual Fitness to Drive

Canadian Ophthalmology Society Workshop

June, 2008

Visual Field Interpretation for Orthoptists

Canadian Ophthalmology Society

Annual Meeting Case presentation

June, 2008

Diagnosis of Exclusion

UBC Department of Pharmacology Undergraduate Lecture for Second Year Pharmacy Students **April, 2008**

Over the Counter Ophthalmic Pharmaceuticals

Pfizer Annual General Meeting **December, 2007**

A General Ophthalmology Perspective on Glaucoma

Neuro-Ophthalmology UBC Clinical Day **November, 2007**

Metabolic Optic Neuropathies

UBC Ophthalmology Department Grand Rounds **October, 2007**

Neuro-Ophthalmic Pitfalls

Dalhousie University Department of Ophthalmology **September, 2007**
Neuro-Ophthalmology Rounds Guest Lecturer

Cases in Neuro-Ophthalmology

UBC Department of Ophthalmology Conundrum Rounds **May, 2007**

A Case of Double Vision

UBC Department of Neuro-Ophthalmology Clinical Day **November, 2006**

Case Presentation of a Suprasellar Mass

Canadian Ophthalmology Society (COS) **June, 2006**
Annual Meeting Workshop

Retinoscopy for the Orthoptist

UBC Department of Neurology Undergraduate Department **May, 2006**

An Approach to Eye Movements and Eye Movement Disorders

UBC Neuro-Ophthalmology Department Clinical Day **November, 2005**

Updates on Optic Neuritis

UBC Department of Ophthalmology Grand Rounds **October, 2005**

Bilateral Disc Edema

GENERAL APPOINTMENTS AND COMMUNITY SERVICE

Membership Chair of the Vancouver Waterfront Rotary	2023-Present
President, The Vancouver Club	2023-Present
Treasurer, Canadian Ophthalmology Society	2022-Present
Vice President, The Vancouver Club	2022-2023
Board Member, BC College of Physicians and Surgeons; Non-Hospital Medical and Surgical Facilities Accreditation Program Committee	2021-Present
Board Member, The Vancouver Club	2020-Present
Committee Member of the Annual Vancouver Club Military Dinner for Wounded Warriors	2018-2022
BC Representative to the Canadian Ophthalmology Advocacy Committee	2016-2021
Medical Advisory Board for the Foundation Fighting Blindness	2014-2020
Committee Member of the Comic Vision Fundraiser for the Foundation Fighting Blindness	2011-2020
Northern Outreach Program Williams Lake: Outreach clinics	2006-2020
Northern Outreach Program: Neuro-Ophthalmology/General Clinics in Whistler Monthly	2011-2018
Committee Member of the Comic Vision Fundraiser for the Foundation Fighting Blindness	2012-2016
Chair of the Comic Vision Fundraiser for the Foundation Fighting Blindness	2015
Ophthalmology Chair: Canadian Coalition for Eye Care Professionals	2013-2015
Ophthalmology Community Outreach: Vancouver Native Health Services Monthly Clinic	2009-2012
Board Member of the Children's Hearing and Speech Centre of BC	2007-2012
Chair of Dinner in the Dark Fundraiser for the Foundation Fighting Blindness	2011
UBC Department of Ophthalmology objective structured clinical skills examiner	2011
Treasurer of BC Society of Eye Physicians and Surgeons	2008-2011
UBC Department of Neurology: Observed Clinical Skills Examiner	2009
Volunteer Ophthalmologist in Tobago, West Indies	2009
Guest Lecturer at the Annual Meeting of the Myasthenia Gravis Society	2006

PUBLICATIONS

Sexton B.

Avian Encounter 3: A Mallard Mystery

BC Birding Magazine. June 2022 32 (2)

Sexton B.

Naturespeak: The American Dipper—a small swimming Crow?

Pique News Magazine. February 22, 2022.

Sexton B.

Book Review of Medicinal Mushrooms of Western North America.

BC Nature Magazine Winter 2021. 2021 59 (4): 25

Sexton B.

Naturespeak: My journey from animal enthusiast to bird nerd.

Pique News Magazine. June 22, 2021.

Buys, Y & the Canadian Glaucoma Risk Factor Study Group.

Referral source, Symptoms and Severity at Diagnosis of Ocular Hypertension or Open-Angle Glaucoma in Various Practices.

Canadian Journal of Ophthalmology. 2012 47 (3): 217-222

Barton J, Sexton B. 2007.

Examination of the Visual Field.

Chapter 249, Section 14. In Albert DM, Jacobiec FA (Eds.). Principles and Practice of Ophthalmology. Elsevier

Sheidow T, Sexton B, Hooper PL, Heathcote JG.

Vitritis as a Primary Manifestation of Graft-Versus-Host Disease: a Case Report with Vitreous Cytopathology.

Canadian Journal of Ophthalmology. 2004 39 (6): 667-671

Sexton B.

Zooming in on Red Eye.

Canadian Journal of Continuing Medical Education. 2003 15(11): 113-119

Sexton B.

The Clinical Breast Exam in the Medical School Curriculum: Ignored or Neglected?

University of Western Ontario Medical Journal. 1999 (68): 51-52

MEDIA APPEARANCES

Newstalk 770 CHQR. <i>Live interview to discuss impact of wildfire smoke on eye health.</i>	2024
102.9 CHTM, Thompson with Navi Bai. <i>Live interview to discuss Glaucoma Awareness Month.</i>	2023
CTV News Vancouver. <i>'A really big deal': UBC at risk of losing eye doctor training program.</i> 'A really big deal': UBC at risk of losing eye doctor training program	2023
Fighting Blindness Canada. <i>Promotional Video.</i> Fighting Blindness Canada – Promotional Video	2021
Fighting Blindness Canada. <i>Glaucoma Awareness Facebook Live Event Moderated by Brett Walther of Reader's Digest.</i> Fighting Blindness Canada – Fighting Blindness Canada Glaucoma Awareness Facebook Live Facebook	2021
Mornings with Simi - 980 CKNW/Global News Radio Vancouver. <i>Live interview to discuss how to protect your eyes from harmful UV rays</i>	2021
CBC Radio - Daybreak South - Kelowna & the Okanagan (CBC Radio One 88.9FM). <i>Live interview to discuss how to protect your eyes from harmful UV rays</i>	2021
Fairchild TV News (Canada-West). <i>Live Interview on the Importance of UV Protection.</i>	2021
CTV News. <i>Experts warn of sun damage to eyes as first days of summer and heat wave set in.</i> Experts warn of sun damage to eyes as first days of summer and heat wave set in	2021
Global News. <i>Blindness crisis coming to Canada?</i> Blindness crisis coming to Canada?	2019
Global News. <i>National care strategy to fight blindness and vision loss.</i> National care strategy to fight blindness and vision loss.	2019
News 1130. <i>Eye protection in bright, cold conditions key and often overlooked.</i> Eye protection in bright, cold conditions key and often overlooked.	2019
Vancouver Sun. <i>One-third of glaucomas aren't picked up by the regular eye-pressure test.</i> One-third of glaucomas aren't picked up by the regular eye-pressure test.	2016
Vancouver Sun. <i>Hatcher forever changed face of MLB Celebrations.</i> Hatcher forever changed face of MLB Celebrations.	2015
CTV Morning News. <i>Dr. Briar Sexton Previews Comic Vision 2015</i> Dr. Briar Sexton Previewed Comic Vision 2015	2015