

## Personal Statement

I am grateful every day for the opportunity to work as an ophthalmologist. Vision is a precious commodity, and it is a pleasure to work with my patients to protect and care for their eyes.

Staying on top of new treatments and maintaining state of the art equipment is another source of pride for me at the clinic. I am active both in attending, and teaching at Continuing Education events.

Since 2010, I have been actively fundraising for the Foundation Fighting Blindness. The research projects they fund bring hope for a cure for many retinal diseases.

## Language Proficiencies

- English: Fluent

## CONTACT ME

4-1854 W 1<sup>st</sup> Avenue  
Vancouver, BC  
V6J 1G5



604.282.7900



info@briarsexton.com

www.briarsexton.com

# Dr. Briar Sexton

## GENERAL & NEURO-OPHTHALMOLOGY



## AREAS OF EXPERTISE

- General Ophthalmology
- Neuro-Ophthalmology

## PROFESSIONAL QUALIFICATIONS

Fellow of the Royal College of Physicians and Surgeons 2005 – Present

British Columbia Provincial Medical License No. 24907 2006 – Present

## ACADEMIC AND GENERAL APPOINTMENTS

**Clinical Assistant Professor, Department of Ophthalmology** 2007 – Present  
University of British Columbia

**Executive Board Member, BC Society of Eye Physicians and Surgeons**

Non-Hospital Medical and Surgical Facilities Accreditation  
Program Committee 2021 - Present

**Treasurer**

Canadian Ophthalmology Society 2022 - Present

**President, The Vancouver Club**

The Vancouver Club 2020 - Present

**Membership Chair**

Vancouver Waterfront Rotary 2023 - Present

**Medical Director**

Yaletown Laser Corporation 2005 - 2008

## EDUCATION

2017-Present | **Diploma in Insurance Medicine and Medico-legal expertise**

University of Montreal

2005-2006 | **Fellow, Neuro-Ophthalmology, Department of Ophthalmology**

University of British Columbia

2000-2005 | **Resident, Department of Ophthalmology**

Dalhousie University

1996-2000 | **Doctor of Medicine (M.D.)**

University of Western Ontario School of Medicine

Kappa Kappa Kappa Gold Medal

1992-1996 | **BSc in Biology**

McGill University

## CONTINUING EDUCATION ACTIVITIES

**Chief Examiner Mock Royal College Ophthalmology Exam**

University of British Columbia

**Board Oversight of Strategy**

Institute of Corporate Directors

## MEMBERSHIPS IN PROFESSIONAL SOCIETIES

---

Member of the Royal College of Physicians and Surgeons of Canada

Member of the BC College of Physicians and Surgeons

Member of the Canadian Medical Association

Member of the Doctors of BC

Member of the Canadian Ophthalmology Society

Member of the Canadian Ophthalmology Society of Medical Evaluators

BC Society of Eye Physicians and Surgeons: Public Relations Chair

Member of the Medical Legal Society of BC

Member of the Canadian Society of Medical Evaluators

## AWARDS AND DISTINCTIONS

---

<b>Award for Best Resident Research Project</b> Dalhousie University	<b>2003</b>
---	-------------

<b>Kappa Kappa Kappa Gold Medal</b> Highest Achievement in Clinical Clerkship University of Western Ontario	<b>2000</b>
---	-------------

<b>Fred S. Hagerman Surgery Award</b> Highest Achievement in Surgery Rotation of Clinical Clerkship. University of Western Ontario	<b>2000</b>
--	-------------

## SELECTED LECTURES PRESENTED

---

<b>UBC CME on the Run! Lecture Series</b> <i>Ocular Findings of Common Systemic Conditions</i> <i>Don't Let Chronic Migraine and Mild Traumatic Brain Injury Give You a Headache</i>	<b>March 5, 2021</b>
--	----------------------

<b>Webinar through Fighting Blindness Canada</b> <i>Socially Distancing in the Dark: How the visually impaired navigated a pandemic</i>	<b>June 16, 2020</b>
--	----------------------

<b>BC Doctors of Optometry Webinar</b> <i>Practicing in a Pandemic II</i>	<b>May 7, 2020</b>
--	--------------------

<b>Joint Commission of Allied Health Personnel in Ophthalmology CE Program for Allied Ophthalmic Personnel</b>	<b>May 1, 2020</b>
<i>How to Care For Chronically Ill Patients While Caring For Yourself</i>	
<b>BC Doctors of Optometry Webinar</b>	<b>April 9, 2020</b>
<i>Practicing in a Pandemic</i>	
<b>Eye Physicians and Surgeons of Alberta Annual Clinical Meeting</b>	<b>February 6, 2020</b>
1. <i>Don't Let Chronic Migraine and Mild Traumatic Brain Injury Give You a Headache</i> 2. <i>Caring for Chronically Ill Patients While Also Caring for Yourself</i>	
<b>Canadian Academy of Sport and Exercise Medicine Conference</b>	<b>May 17, 2019</b>
<i>Keep Your Eye on the Ball: An approach to ocular sport injuries</i>	
<b>Back In Motion Rehabilitation Centre</b>	<b>January 7, 2019</b>
<i>Concussion, Headache and Mild Traumatic Brain Injury</i>	
<b>University of Saskatoon</b> Department of Ophthalmology Grand Rounds	<b>September 7, 2018</b>
<i>Don't Let Migraine Give You a Headache</i>	
<b>Co-Chair BCSEPS Annual Clinical Day</b>	<b>May 11, 2018</b>
<i>Uveitis &amp; Retina</i>	
<b>Whistler Optometry CE Meeting</b>	<b>March, 2018</b>
<i>Patients with Chronic Disease</i>	
<b>Lifemark Rehabilitation Centre</b>	<b>March 1, 2018</b>
<i>Mild Traumatic Brain Injury and Post Concussive Headache</i>	
<b>St Paul's Hospital Balance and Dizziness Disorders Society</b>	<b>January 17, 2018</b>
<i>Is Your Migraine Making You Dizzy?</i>	
<b>Joint Commission of Allied Health Personnel in Ophthalmology Annual Meeting, New Orleans LA</b>	<b>November, 2017</b>
<i>Scientific Review of Vision Therapy</i>	
<b>Canadian Neurological Sciences Federation Congress, Victoria BC</b>	<b>June, 2017</b>
<i>A Scientific Review of Vision Therapy</i>	
<b>Whistler Optometry CE Meeting</b>	<b>March, 2017</b>
<i>Medical-Legal Practice Pitfalls and How to Avoid Them</i>	
<b>UBC Neuro-Ophthalmology Clinical Day</b>	<b>November, 2016</b>
<i>Taking a Close Look at the Scientific Literature in Support of Vision Therapy</i>	

<b>BC Optofair</b>	<b>February, 2016</b>
<i>Critical Appraisal of Vision Care Research</i>	
<b>UBC Department of Ophthalmology Grand Rounds</b>	<b>March, 2015</b>
<i>Taking the Headache out of Migraine Treatment</i>	
<b>Copeman Healthcare Centre</b>	<b>September, 2013</b>
<i>Botox - A New Wrinkle in the Treatment of Chronic Migraine</i>	
<b>Multidisciplinary Workshop</b>	<b>July, 2013</b>
<i>Uveitis in Patients with Spondyloarthropathies</i>	
<b>University of Western Ontario</b> Department of Ophthalmology Guest Lecture	<b>June, 2013</b>
<i>Why the Best Laid Plans of Mice and Men Still Require Clinical Research</i>	
<b>University of Winnipeg</b> Department of Ophthalmology Guest Lecture	<b>May, 2013</b>
<i>Reviewing the Results of the Age Related Eye Disease Study II</i>	
<b>CME for Vancouver Island Optometrists</b>	<b>May, 2013</b>
<i>Role of Besivance in Bacterial Conjunctivitis</i>	
<b>CME for BC Optometrists</b>	<b>February, 2013</b>
<i>Idiopathic Intracranial Hypertension</i>	
<b>BC Opticians Association Annual Meeting</b>	<b>October, 2012</b>
<i>Visual Disturbances</i>	
<b>CME for BC Optometrists</b>	<b>September, 2012</b>
<i>Anatomy of the Pupil &amp; Anisocoria</i>	
<b>UBC Neurology Undergraduate Department</b>	<b>May, 2012</b>
<i>Anatomy of the Pupil &amp; Anisocoria</i>	
<b>CME for BC Optometrists</b>	<b>March, 2012</b>
<i>Hallucinations, Illusions and Delusions</i>	
<b>Workshop Participant</b>	<b>November, 2011</b>
<i>Role of TNF drugs in Inflammatory Disease</i>	
<b>BC Association of Optometry Annual Meeting</b>	<b>October, 2011</b>
<i>Review of Dry Eye</i>	

<b>Whistler CE Event</b>	<b>August, 2011</b>
<i>Evidence for Nutritional Supplementation in Age-Related Macular Degeneration</i>	
<b>Whistler ER/GP CME</b>	<b>May, 2011</b>
<i>Rheumatic Eye Disease</i>	
<b>Optometry/Ophthalmology Annual Dinner Calgary</b>	<b>April, 2011</b>
<i>Restasis: Seeing dry eye clearly</i>	
<b>UBC Neurology Undergraduate Department</b>	<b>September, 2010</b>
<i>Seeing Visual Disturbances Clearly: Hallucinations delusions and retinal phenomena</i>	
<b>Canadian Ophthalmology Society</b> Annual Meeting Case Presentation	<b>June, 2010</b>
<i>Intermittent Diplopia</i>	
<b>University of Alberta Department of Ophthalmology Grand Rounds</b>	<b>May, 2010</b>
<i>Ophthalmic Use of Botox</i>	
<b>University of Alberta Department of Ophthalmology</b> Academic half day teaching	<b>May, 2010</b>
<i>Ophthalmic Use of Botox</i>	
<b>Optometry CME</b>	<b>April, 2010</b>
<i>Facial Dystonias and Benign Facial Movement Disorders</i>	
<b>GP Workshop for St. Paul's CME Annual Meeting</b>	<b>November, 2009</b>
<b>Multidisciplinary Evening on Rheumatic Disease</b>	<b>October, 2009</b>
<i>Biologics in Uveitis</i>	
<b>BC Optometry Annual CME Meeting</b>	<b>October, 2009</b>
<i>Overview of the Canadian Dry Eye Guidelines</i>	
<b>Multidisciplinary Talk to Rheumatologists</b>	<b>September, 2009</b>
<i>Use of Biologics in Intraocular Inflammation</i>	
<b>UBC Neurology Undergraduate Department</b>	<b>August, 2009</b>
<i>Examining the Oculomotor System</i>	
<b>Coordinator of BCSEPS</b> Annual General Meeting Academic Session	<b>April, 2009</b>
<i>Neuro-Ophthalmology and Orbit</i>	

<b>Community Therapists OT and PT group</b>	<b>March, 2009</b>
<i>Driving Vision</i>	
<b>BC Opticians Annual Meeting</b>	<b>March, 2009</b>
<i>Night Vision and Night Myopia</i>	
<b>UBC Department of Ophthalmology Undergraduate Department</b>	<b>January, 2009</b>
<i>Disorders of the Eyelid</i>	
<b>GF Strong Occupational Therapists</b>	<b>October, 2008</b>
<i>Determining Visual Fitness to Drive</i>	
<b>Canadian Ophthalmology Society Workshop</b>	<b>June, 2008</b>
<i>Visual Field Interpretation for Orthoptists</i>	
<b>Canadian Ophthalmology Society</b> Annual Meeting Case presentation	<b>June, 2008</b>
<i>Diagnosis of Exclusion</i>	
<b>UBC Department of Pharmacology Undergraduate Lecture for Second Year Pharmacy Students</b>	<b>April, 2008</b>
<i>Over the Counter Ophthalmic Pharmaceuticals</i>	
<b>Pfizer Annual General Meeting</b>	<b>December, 2007</b>
<i>A General Ophthalmology Perspective on Glaucoma</i>	
<b>Neuro-Ophthalmology UBC Clinical Day</b>	<b>November, 2007</b>
<i>Metabolic Optic Neuropathies</i>	
<b>UBC Ophthalmology Department Grand Rounds</b>	<b>October, 2007</b>
<i>Neuro-Ophthalmic Pitfalls</i>	
<b>Dalhousie University Department of Ophthalmology</b> Neuro-Ophthalmology Rounds Guest Lecturer	<b>September, 2007</b>
<i>Cases in Neuro-Ophthalmology</i>	
<b>UBC Department of Ophthalmology Conundrum Rounds</b>	<b>May, 2007</b>
<i>A Case of Double Vision</i>	
<b>UBC Department of Neuro-Ophthalmology Clinical Day</b>	<b>November, 2006</b>
<i>Case Presentation of a Suprasellar Mass</i>	
<b>Canadian Ophthalmology Society (COS)</b> Annual Meeting Workshop	<b>June, 2006</b>
<i>Retinoscopy for the Orthoptist</i>	

UBC Department of Neurology Undergraduate Department	May, 2006
--	-----------

<i>An Approach to Eye Movements and Eye Movement Disorders</i>
--

UBC Neuro-Ophthalmology Department Clinical Day	November, 2005
---	----------------

<i>Updates on Optic Neuritis</i>
----------------------------------

UBC Department of Ophthalmology Grand Rounds	October, 2005
--	---------------

<i>Bilateral Disc Edema</i>
-----------------------------

## OTHER SERVICES TO THE COMMUNITY

---

Committee Member of the Annual Vancouver Club Military Dinner for Wounded Warriors	2018-Present
--	--------------

BC Representative to the Canadian Ophthalmology Advocacy Committee	2016-Present
--	--------------

Medical Advisory Board for the Foundation Fighting Blindness	2014-Present
--	--------------

Committee Member of the Comic Vision Fundraiser for the Foundation Fighting Blindness	2011-Present
---	--------------

Northern Outreach Program Williams Lake: Outreach clinics	2006-Present
---	--------------

Northern Outreach Program: Neuro-Ophthalmology/General Clinics in Whistler Monthly	2011-2018
--	-----------

Committee Member of the Comic Vision Fundraiser for the Foundation Fighting Blindness	2012-2016
---	-----------

Chair of the Comic Vision Fundraiser for the Foundation Fighting Blindness	2015
--	------

Ophthalmology Chair: Canadian Coalition for Eye Care Professionals	2013-2015
--	-----------

Ophthalmology Community Outreach: Vancouver Native Health Services Monthly Clinic	2009-2012
---	-----------

Board Member of the Children's Hearing and Speech Centre of BC	2007-2012
--	-----------

Chair of Dinner in the Dark Fundraiser for the Foundation Fighting Blindness	2011
--	------

UBC Department of Ophthalmology objective structured clinical skills examiner	2011
---	------

Treasurer of BC Society of Eye Physicians and Surgeons	2008-2011
--	-----------

UBC Department of Neurology: Observed Clinical Skills Examiner	2009
--	------

Volunteer Ophthalmologist in Tobago, West Indies	2009
--	------

Guest Lecturer at the Annual Meeting of the Myasthenia Gravis Society	2006
Co-Author of the Recommended Guidelines for the new ICBC Permanent Impairment Schedule for Ophthalmology	2020

## PUBLICATIONS

---

Sexton B.

**Avian Encounter 3: A Mallard Mystery**  
[BC Birding Magazine](#). June 2022 32 (2)

Sexton B.

**Naturespeak: The American Dipper—a small swimming Crow?**  
[Pique News Magazine](#). February 22, 2022.

Sexton B.

**Book Review of Medicinal Mushrooms of Western North America.**  
 BC Nature Magazine Winter 2021. 2021 59 (4): 25

Buyss, Y & the Canadian Glaucoma Risk Factor Study Group.

**Referral source, Symptoms and Severity at Diagnosis of Ocular Hypertension or Open-Angle Glaucoma in Various Practices.**  
 Canadian Journal of Ophthalmology. 2012 47 (3): 217-222

Barton J, Sexton B. 2007.

**Examination of the Visual Field.**  
 Chapter 249, Section 14. In Albert DM, Jacobiec FA (Eds.). Principles and Practice of Ophthalmology. Elsevier

Sheidow T, Sexton B, Hooper PL, Heathcote JG.

**Vitritis as a Primary Manifestation of Graft-Versus-Host Disease: a Case Report with Vitreous Cytopathology.**  
 Canadian Journal of Ophthalmology. 2004 39 (6): 667-671

Sexton B.

**Zooming in on Red Eye.**  
 Canadian Journal of Continuing Medical Education. 2003 15(11): 113-119

Sexton B.

**The Clinical Breast Exam in the Medical School Curriculum: Ignored or Neglected?**  
 University of Western Ontario Medical Journal. 1999 (68): 51-52

## MEDIA APPEARANCES

---

**102.9 CHTM, Thompson with Navi Bai.** *Live interview to discuss Glaucoma Awareness Month.* **2023**

**CTV News Vancouver.** *'A really big deal': UBC at risk of losing eye doctor training program.* **2023**  
['A really big deal': UBC at risk of losing eye doctor training program](#)



<b>Fighting Blindness Canada.</b> <i>Promotional Video.</i>	<b>2021</b>
<a href="#">Fighting Blindness Canada – Promotional Video</a>	
<b>Fighting Blindness Canada.</b> <i>Glaucoma Awareness Facebook Live Event Moderated by Brett Walther of Reader's Digest.</i>	<b>2021</b>
<a href="#">Fighting Blindness Canada – Fighting Blindness Canada Glaucoma Awareness Facebook Live   Facebook</a>	
<b>Whistler Pique.</b> <i>Naturespeak: My journey from animal enthusiast to bird nerd.</i>	<b>2021</b>
<a href="#">Naturespeak: My journey from animal enthusiast to bird nerd.</a>	
<b>Mornings with Simi - 980 CKNW/Global News Radio Vancouver.</b> <i>Live interview to discuss how to protect your eyes from harmful UV rays</i>	<b>2021</b>
<b>CBC Radio - Daybreak South - Kelowna &amp; the Okanagan (CBC Radio One 88.9FM).</b> <i>Live interview to discuss how to protect your eyes from harmful UV rays</i>	<b>2021</b>
<b>Fairchild TV News (Canada-West).</b> <i>Live Interview on the Importance of UV Protection.</i>	<b>2021</b>
<b>CTV News.</b> <i>Experts warn of sun damage to eyes as first days of summer and heat wave set in.</i>	<b>2021</b>
<a href="#">Experts warn of sun damage to eyes as first days of summer and heat wave set in</a>	
<b>Global News.</b> <i>Blindness crisis coming to Canada?</i>	<b>2019</b>
<a href="#">Blindness crisis coming to Canada?</a>	
<b>Global News.</b> <i>National care strategy to fight blindness and vision loss.</i>	<b>2019</b>
<a href="#">National care strategy to fight blindness and vision loss.</a>	
<b>News 1130.</b> <i>Eye protection in bright, cold conditions key and often overlooked.</i>	<b>2019</b>
<a href="#">Eye protection in bright, cold conditions key and often overlooked.</a>	
<b>Vancouver Sun.</b> <i>One-third of glaucomas aren't picked up by the regular eye-pressure test.</i>	<b>2016</b>
<a href="#">One-third of glaucomas aren't picked up by the regular eye-pressure test.</a>	
<b>Vancouver Sun.</b> <i>Hatcher forever changed face of MLB Celebrations.</i>	<b>2015</b>
<a href="#">Hatcher forever changed face of MLB Celebrations.</a>	
<b>CTV Morning News.</b> <i>Dr. Briar Sexton Previews Comic Vision 2015</i>	<b>2015</b>
<a href="#">Dr. Briar Sexton Previewed Comic Vision 2015</a>	