

Personal Statement

I am grateful every day for the opportunity to work as an ophthalmologist. Vision is a precious commodity, and it is a pleasure to work with my patients to protect and care for their eyes.

Staying on top of new treatments and maintaining state of the art equipment is another source of pride for me at the clinic. I am active both in attending, and teaching at Continuing Education events.

Since 2010, I have been actively fundraising for the Foundation Fighting Blindness. The research projects they fund bring hope for a cure for many retinal diseases.

Language Proficiencies

- English: Fluent

CONTACT ME

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Dr. Briar Sexton

GENERAL & NEURO-OPHTHALMOLOGY



AREAS OF EXPERTISE

- General Ophthalmology
- Neuro-Ophthalmology

PROFESSIONAL QUALIFICATIONS

Fellow of the Royal College of Physicians and Surgeons 2005 – Present

British Columbia Provincial Medical License No. 24907 2006 – Present

ACADEMIC AND GENERAL APPOINTMENTS

Clinical Assistant Professor, Department of Ophthalmology

University of British Columbia

Executive Board Member, BC Society of Eye Physicians and Surgeons

Non-Hospital Medical and Surgical Facilities Accreditation
Program Committee

Oct 2021-Present

Board Director

The Vancouver Club

2020 - Present

Chair, Membership Committee

The Vancouver Club

2020 - Present

Medical Director

Yaletown Laser Corporation

2005-2008

EDUCATION

2017-Present | Diploma in Insurance Medicine and Medico-legal expertise

University of Montreal

2005-2006 | Fellow, Neuro-Ophthalmology, Department of Ophthalmology

University of British Columbia

2000-2005 | Resident, Department of Ophthalmology

Dalhousie University

1996-2000 | Doctor of Medicine (M.D.)

University of Western Ontario School of Medicine

Kappa Kappa Kappa Gold Medal

1992-1996 | BSc in Biology

McGill University

CONTINUING EDUCATION ACTIVITIES

Chief Examiner Mock Royal College Ophthalmology Exam

University of British Columbia

Member of the Residency Training Committee

University of British Columbia

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

Member of the Royal College of Physicians and Surgeons of Canada

Member of the BC College of Physicians and Surgeons

Member of the Canadian Medical Association

Member of the Doctors of BC

Member of the Canadian Ophthalmology Society

Member of the Canadian Ophthalmology Society of Medical Evaluators

BC Society of Eye Physicians and Surgeons: Public Relations Chair

Member of the Medical Legal Society of BC

Member of the Canadian Society of Medical Evaluators

AWARDS AND DISTINCTIONS

Award for Best Resident Research Project 2003
Dalhousie University

Kappa Kappa Kappa Gold Medal 2000
Highest Achievement in Clinical Clerkship
University of Western Ontario

Fred S. Hagerman Surgery Award 2000
Highest Achievement in Surgery Rotation of Clinical Clerkship.
University of Western Ontario

SELECTED LECTURES PRESENTED

UBC CME on the Run! Lecture Series March 5, 2021
Ocular Findings of Common Systemic Conditions
Don't Let Chronic Migraine and Mild Traumatic Brain Injury Give You a Headache

Webinar through Fighting Blindness Canada June 16, 2020
Socially Distancing in the Dark: How the visually impaired navigated a pandemic

BC Doctors of Optometry Webinar May 7, 2020
Practicing in a Pandemic II

Joint Commission of Allied Health Personnel in Ophthalmology CE Program for Allied Ophthalmic Personnel	May 1, 2020
<i>How to Care For Chronically Ill Patients While Caring For Yourself</i>	
BC Doctors of Optometry Webinar	April 9, 2020
<i>Practicing in a Pandemic</i>	
Eye Physicians and Surgeons of Alberta Annual Clinical Meeting	February 6, 2020
<ol style="list-style-type: none"> 1. <i>Don't Let Chronic Migraine and Mild Traumatic Brain Injury Give You a Headache</i> 2. <i>Caring for Chronically Ill Patients While Also Caring for Yourself</i> 	
Canadian Academy of Sport and Exercise Medicine Conference	May 17, 2019
<i>Keep Your Eye on the Ball: An approach to ocular sport injuries</i>	
Back In Motion Rehabilitation Centre	January 7, 2019
<i>Concussion, Headache and Mild Traumatic Brain Injury</i>	
University of Saskatoon Department of Ophthalmology Grand Rounds	September 7, 2018
<i>Don't Let Migraine Give You a Headache</i>	
Co-Chair BCSEPS Annual Clinical Day	May 11, 2018
<i>Uveitis & Retina</i>	
Whistler Optometry CE Meeting	March, 2018
<i>Patients with Chronic Disease</i>	
Lifemark Rehabilitation Centre	March 1, 2018
<i>Mild Traumatic Brain Injury and Post Concussive Headache</i>	
St Paul's Hospital Balance and Dizziness Disorders Society	January 17, 2018
<i>Is Your Migraine Making You Dizzy?</i>	
Joint Commission of Allied Health Personnel in Ophthalmology Annual Meeting, New Orleans LA	November, 2017
<i>Scientific Review of Vision Therapy</i>	
Canadian Neurological Sciences Federation Congress, Victoria BC	June, 2017
<i>A Scientific Review of Vision Therapy</i>	
Whistler Optometry CE Meeting	March, 2017
<i>Medical-Legal Practice Pitfalls and How to Avoid Them</i>	
UBC Neuro-Ophthalmology Clinical Day	November, 2016
<i>Taking a Close Look at the Scientific Literature in Support of Vision Therapy</i>	

BC Optofair	February, 2016
<i>Critical Appraisal of Vision Care Research</i>	
UBC Department of Ophthalmology Grand Rounds	March, 2015
<i>Taking the Headache out of Migraine Treatment</i>	
Copeman Healthcare Centre	September, 2013
<i>Botox - A New Wrinkle in the Treatment of Chronic Migraine</i>	
Multidisciplinary Workshop	July, 2013
<i>Uveitis in Patients with Spondyloarthropathies</i>	
University of Western Ontario Department of Ophthalmology Guest Lecture	June, 2013
<i>Why the Best Laid Plans of Mice and Men Still Require Clinical Research</i>	
University of Winnipeg Department of Ophthalmology Guest Lecture	May, 2013
<i>Reviewing the Results of the Age Related Eye Disease Study II</i>	
CME for Vancouver Island Optometrists	May, 2013
<i>Role of Besivance in Bacterial Conjunctivitis</i>	
CME for BC Optometrists	February, 2013
<i>Idiopathic Intracranial Hypertension</i>	
BC Opticians Association Annual Meeting	October, 2012
<i>Visual Disturbances</i>	
CME for BC Optometrists	September, 2012
<i>Anatomy of the Pupil & Anisocoria</i>	
UBC Neurology Undergraduate Department	May, 2012
<i>Anatomy of the Pupil & Anisocoria</i>	
CME for BC Optometrists	March, 2012
<i>Hallucinations, Illusions and Delusions</i>	
Workshop Participant	November, 2011
<i>Role of TNF drugs in Inflammatory Disease</i>	
BC Association of Optometry Annual Meeting	October, 2011
<i>Review of Dry Eye</i>	

Whistler CE Event	August, 2011
<i>Evidence for Nutritional Supplementation in Age-Related Macular Degeneration</i>	
Whistler ER/GP CME	May, 2011
<i>Rheumatic Eye Disease</i>	
Optometry/Ophthalmology Annual Dinner Calgary	April, 2011
<i>Restasis: Seeing dry eye clearly</i>	
UBC Neurology Undergraduate Department	September, 2010
<i>Seeing Visual Disturbances Clearly: Hallucinations delusions and retinal phenomena</i>	
Canadian Ophthalmology Society Annual Meeting Case Presentation	June, 2010
<i>Intermittent Diplopia</i>	
University of Alberta Department of Ophthalmology Grand Rounds	May, 2010
<i>Ophthalmic Use of Botox</i>	
University of Alberta Department of Ophthalmology Academic half day teaching	May, 2010
<i>Ophthalmic Use of Botox</i>	
Optometry CME	April, 2010
<i>Facial Dystonias and Benign Facial Movement Disorders</i>	
GP Workshop for St. Paul's CME Annual Meeting	November, 2009
Multidisciplinary Evening on Rheumatic Disease	October, 2009
<i>Biologics in Uveitis</i>	
BC Optometry Annual CME Meeting	October, 2009
<i>Overview of the Canadian Dry Eye Guidelines</i>	
Multidisciplinary Talk to Rheumatologists	September, 2009
<i>Use of Biologics in Intraocular Inflammation</i>	
UBC Neurology Undergraduate Department	August, 2009
<i>Examining the Oculomotor System</i>	
Coordinator of BCSEPS Annual General Meeting Academic Session	April, 2009
<i>Neuro-Ophthalmology and Orbit</i>	

Community Therapists OT and PT group	March, 2009
<i>Driving Vision</i>	
BC Opticians Annual Meeting	March, 2009
<i>Night Vision and Night Myopia</i>	
UBC Department of Ophthalmology Undergraduate Department	January, 2009
<i>Disorders of the Eyelid</i>	
GF Strong Occupational Therapists	October, 2008
<i>Determining Visual Fitness to Drive</i>	
Canadian Ophthalmology Society Workshop	June, 2008
<i>Visual Field Interpretation for Orthoptists</i>	
Canadian Ophthalmology Society Annual Meeting Case presentation	June, 2008
<i>Diagnosis of Exclusion</i>	
UBC Department of Pharmacology Undergraduate Lecture for Second Year Pharmacy Students	April, 2008
<i>Over the Counter Ophthalmic Pharmaceuticals</i>	
Pfizer Annual General Meeting	December, 2007
<i>A General Ophthalmology Perspective on Glaucoma</i>	
Neuro-Ophthalmology UBC Clinical Day	November, 2007
<i>Metabolic Optic Neuropathies</i>	
UBC Ophthalmology Department Grand Rounds	October, 2007
<i>Neuro-Ophthalmic Pitfalls</i>	
Dalhousie University Department of Ophthalmology Neuro-Ophthalmology Rounds Guest Lecturer	September, 2007
<i>Cases in Neuro-Ophthalmology</i>	
UBC Department of Ophthalmology Conundrum Rounds	May, 2007
<i>A Case of Double Vision</i>	
UBC Department of Neuro-Ophthalmology Clinical Day	November, 2006
<i>Case Presentation of a Suprasellar Mass</i>	
Canadian Ophthalmology Society (COS) Annual Meeting Workshop	June, 2006
<i>Retinoscopy for the Orthoptist</i>	

UBC Department of Neurology Undergraduate Department **May, 2006**

An Approach to Eye Movements and Eye Movement Disorders

UBC Neuro-Ophthalmology Department Clinical Day **November, 2005**

Updates on Optic Neuritis

UBC Department of Ophthalmology Grand Rounds **October, 2005**

Bilateral Disc Edema

OTHER SERVICES TO THE COMMUNITY

Committee Member of the Annual Vancouver Club Military Dinner for Wounded Warriors **2018-Present**

BC Representative to the Canadian Ophthalmology Advocacy Committee **2016-Present**

Medical Advisory Board for the Foundation Fighting Blindness **2014-Present**

Committee Member of the Comic Vision Fundraiser for the Foundation Fighting Blindness **2011-Present**

Northern Outreach Program Williams Lake: Outreach clinics **2006-Present**

Northern Outreach Program: Neuro-Ophthalmology/General Clinics in Whistler Monthly **2011-2018**

Committee Member of the Comic Vision Fundraiser for the Foundation Fighting Blindness **2012-2016**

Chair of the Comic Vision Fundraiser for the Foundation Fighting Blindness **2015**

Ophthalmology Chair: Canadian Coalition for Eye Care Professionals **2013-2015**

Ophthalmology Community Outreach: Vancouver Native Health Services Monthly Clinic **2009-2012**

Board Member of the Children's Hearing and Speech Centre of BC **2007-2012**

Chair of Dinner in the Dark Fundraiser for the Foundation Fighting Blindness **2011**

UBC Department of Ophthalmology objective structured clinical skills examiner **2011**

Treasurer of BC Society of Eye Physicians and Surgeons **2008-2011**

UBC Department of Neurology: Observed Clinical Skills Examiner **2009**

Volunteer Ophthalmologist in Tobago, West Indies **2009**

Guest Lecturer at the Annual Meeting of the Myasthenia Gravis Society	2006
Co-Author of the Recommended Guidelines for the new ICBC Permanent Impairment Schedule for Ophthalmology	2020

PUBLICATIONS

Sexton B.

Book Review of Medicinal Mushrooms of Western North America.

BC Nature Magazine Winter 2021. 2021 59 (4): 25

Buys, Y & the Canadian Glaucoma Risk Factor Study Group.

Referral source, Symptoms and Severity at Diagnosis of Ocular Hypertension or Open-Angle Glaucoma in Various Practices.

Canadian Journal of Ophthalmology. 2012 47 (3): 217-222

Barton J, Sexton B. 2007.

Examination of the Visual Field.

Chapter 249, Section 14. In Albert DM, Jacobiec FA (Eds.). Principles and Practice of Ophthalmology. Elsevier

Sheidow T, Sexton B, Hooper PL, Heathcote JG.

Vitritis as a Primary Manifestation of Graft-Versus-Host Disease: a Case Report with Vitreous Cytopathology.

Canadian Journal of Ophthalmology. 2004 39 (6): 667-671

Sexton B.

Zooming in on Red Eye.

Canadian Journal of Continuing Medical Education. 2003 15(11): 113-119

Sexton B.

The Clinical Breast Exam in the Medical School Curriculum: Ignored or Neglected?

University of Western Ontario Medical Journal. 1999 (68): 51-52

MEDIA APPEARANCES

Fighting Blindness Canada. *Promotional Video.*

2021

[Fighting Blindness Canada – Promotional Video](#)

Fighting Blindness Canada. *Glaucoma Awareness Facebook Live Event Moderated by Brett Walther of Reader's Digest.*

2021

[Fighting Blindness Canada – Fighting Blindness Canada Glaucoma Awareness Facebook Live | Facebook](#)

Whistler Pique. *Naturespeak: My journey from animal enthusiast to bird nerd.*

2021

[Naturespeak: My journey from animal enthusiast to bird nerd.](#)

Mornings with Simi - 980 CKNW/Global News Radio Vancouver. *Live interview to discuss how to protect your eyes from harmful UV rays*

2021

CBC Radio - Daybreak South - Kelowna & the Okanagan (CBC Radio One 88.9FM). *Live interview to discuss how to protect your eyes from harmful UV rays*

2021

Fairchild TV News (Canada-West). <i>Live Interview on the Importance of UV Protection.</i>	2021
CTV News. <i>Experts warn of sun damage to eyes as first days of summer and heat wave set in.</i> Experts warn of sun damage to eyes as first days of summer and heat wave set in	2021
Global News. <i>Blindness crisis coming to Canada?</i> Blindness crisis coming to Canada?	2019
Global News. <i>National care strategy to fight blindness and vision loss.</i> National care strategy to fight blindness and vision loss.	2019
News 1130. <i>Eye protection in bright, cold conditions key and often overlooked.</i> Eye protection in bright, cold conditions key and often overlooked.	2019
Vancouver Sun. <i>One-third of glaucomas aren't picked up by the regular eye-pressure test.</i> One-third of glaucomas aren't picked up by the regular eye-pressure test.	2016
Vancouver Sun. <i>Hatcher forever changed face of MLB Celebrations.</i> Hatcher forever changed face of MLB Celebrations.	2015
CTV Morning News. <i>Dr. Briar Sexton Previews Comic Vision 2015</i> Dr. Briar Sexton Previewed Comic Vision 2015	2015